

Shula's

STEAK HOUSE

Pregame

HOT OFF THE "PRESS"



Regular or Decaf Coffee/Tea	5
Illy Espresso Single/Double	4/5
Illy Cappuccino	6

THE JUICE BAR

Fresh orange, fresh grapefruit, cranberry, tomato, V8, pineapple or apple	4
Odwalla Smoothies	5
Fiji water	4/6
Iced Tea or lemonade	3
POM Juice	6
Whole, skim, chocolate, 2% or soy milk	3
Red Bull	5

FROM THE BAKERY

English muffin	4
Croissant	4
Assorted Muffins	4
New York style bagels	5
Breakfast pastry	5
Continental breakfast coffee, juice, breakfast pastries, fresh fruit	13

Coaches Playbook

FARM FRESH FREE RANGE EGGS

Two Farm Fresh Eggs	12
Prepared your way, cheddar potato hash choice of bacon or sausage, toast	

Mediterranean Frittata	14
Piquillo and roasted yellow peppers, spinach, red onion, tomato and feta cheese	

Three Egg Omelet	14
Choose three: tomato, mushrooms, peppers onions, spinach, bacon, ham, sausage cheddar, and goat or mozzarella cheese	

Shula's Steak and Eggs	23
Two eggs, prepared your way served with a 6 oz. SHULA CUT filet, asparagus and roasted tomatoes	

Eggs Benedict	16
Poached free range eggs, steak house Canadian bacon, hollandaise, toasted English muffin, sautéed asparagus	

"Southern Style"

Southern Comfort	18
Slow Braised BBQ pork over creamy corn and bacon grits, two sunny side fried eggs & Chipotle pepper sauce	

Shrimp & Grits	18
Creamy white cheddar grits, sautéed shrimp Fresh tomatoes, green onions, peppers, bacon, Andouille sausage and fried okra	

No Huddle

GRIDDLE

Fresh Baked Buttermilk Biscuits	10
Southern sausage gravy	

Buttermilk Griddlecakes	10
Fruit filled or chocolate pancakes banana, strawberries or blueberries	12

Granola Crusted French Toast	14
Homemade Granola, brioche bread, candied peaches and honey yogurt butter	

Belgium Waffles	12
Fresh strawberries and whipped cream	14
Fresh blueberries and walnuts	

Griddled French Bread and Egg	14
Herb buttered French bread, shaved Prosciutto, arugula, soft poached egg asparagus relish	

Halftime Show

FRUITS & CEREAL

Assorted dry cereal	4
Sliced bananas or berries	5
Steel Cut Oatmeal	5
brown sugar, cinnamon & raisins	
Granola yogurt parfait with fresh fruit	6
Fruit Plate	10
Choice of yogurt or cottage cheese and blueberry crumb cake	

SIDES

Cheddar and bacon potato hash with caramelized onion and chives	4
Peppered maple cured bacon, country sausage, chicken apple sausage, grilled Canadian bacon	5

Training Table

347 BREAKFAST BUFFET	21
Indulge in our undefeated breakfast buffet offering dry cereals, freshly diced fruit, smoked Salmon, European cheeses, quiches, smoothies, Italian cold cuts, peppered bacon, sausage, Florida style potatoes, scrambled eggs, parfaits, breakfast sliders, fresh breads and pastries with omelets made to order. Served with Illy coffee and freshly squeezed orange juice.	

It's the perfect breakfast for champions

Egg beaters and egg whites available upon request

Eating raw or partially cooked seafood, shellfish, oysters or meats has the potential to cause illness in certain people